

Becoming a Sage: Gaining the Perspective of Wisdom
June, 2007
Registration Form

We are living longer. We have more choices and more decisions to make regarding the quality of life. *Becoming a sage* is the best way to live and to age well. Participants in this retreat have a unique opportunity to develop a thoughtful plan for bringing their time, talents, and hearts into second-half-of-life planning.

Name: _____

Familiar name for badge: _____

Home address: _____

Home phone: _____ Cell: _____

E-mail: _____

Please check all that apply:

- Employed full-time
- Employed part-time
- Retired (Date: _____)
- Semi-retired
- Not currently working, but not retired
- Self-employed
- _____

Occupation (current or before retirement): _____

Marital Status: _____ Spouse or partner's name: _____

Children's names/ages: _____

What prompts your decision to attend this retreat?

What do you anticipate as your next challenges?

How do you hope this retreat will benefit you?

Have you ever participated in a program that asks you to think and talk about yourself as part of the experience? If so, what value did you find (or not find) in that experience? Please describe.

Is your partner or spouse participating in this retreat? Yes No

If yes, how do you hope this experience will benefit your partner?

What do you hope to achieve together?

Tuition: \$2,500 Includes on-site personal coaching, two follow-up coaching sessions, lodging, meals, and all activities. A \$100 non-refundable deposit submitted with this registration form holds your space. The balance is due by May 1, 2007. Please make checks payable to Jann Freed and mail along with this registration form to: 629 Polk Blvd., Des Moines, IA, 50312.

Location: The historic Hotel Pattee in Perry, Iowa provides a relaxed setting in small town America. The individually themed and decorated guest rooms are the perfect location to get away from the world, quiet the mind, and follow the heart. www.hotelPattee.com.

Questions?

Contact Jann Freed at 515-360-5691 or at jannfreed@jannfreed.com.